

VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](#) Team

Q1. Which one of the following is a rich source of iron?

- a) Rice
 - b) Pea
 - c) Carrot
 - d) Spinach
-

Q2. Which one of the following sets is correctly matched?

- a) Colour blindness, Haemophilia and Sickle cell anaemia - Hereditary
 - b) Diphtheria, Pneumonia and Leprosy - Sex-linked
 - c) AIDS, Syphilis and Gonorrhoea - Bacterial
 - d) Polio, Japanese B encephalitis and Plague – Viral
-

Q3. Sleeping sickness happens due to

- a) Rising of blood pressure
 - b) Deficiency of Vitamin A
 - c) Deficiency of calcium in body
 - d) Unicellular animal named Trypanosoma
-

Q4. Which one of the following is an Indian medicinal plant ?

- a) *Oryza sativa*
- b) *Rauwolfia serpentina*
- c) *Saccharum officinarum*

d) Solanum melongena

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Q5. Cornea transplant in humans is almost never rejected. This is because :

- a) Its cells are least penetrable by bacteria
- b) It has no blood supply
- c) It is a non-living layer
- d) It is composed of enucleated cells

Q6. Which of the following human organ is affected by the consumption of aflatoxin food adulterant?

- a) Kidney
- b) Heart
- c) Lungs
- d) Liver

Q7. Fat present below the skin surface in our body, acts as a barrier against

- a) Loss of salts from the body
- b) Loss of essential body fluids
- c) Loss of heat from the body
- d) Entry of harmful micro-organisms from the environment

Q8. Cancer of blood is called

- a) Sarcoma
- b) Lymphoma

- c) Leukemia
 - d) Hybridoma
-

Q9. Which one of the following human organs is less susceptible to harmful radiations?

- a) Brain
 - b) Eyes
 - c) Heart
 - d) Lung
-

Q10. Which disease among these is generated by the execution of ineffective genes present in a chromosome?

- a) Muscle dystrophy
 - b) Rheumatism
 - c) Nervous shock
 - d) Cerebral bleeding
-

Q11. The disease hysteria is classed in

- a) Young women
 - b) Married women
 - c) Old women
 - d) Young men and women
-

Q12. Match List-I with List-II and select the correct answer using the code given below the lists.

| List-I | List-II |
|---------------|-----------------------|
| A. Retinol | 1. Pernicious anaemia |
| B. Tocopherol | 2. Mental illness |

| | |
|--------------------|--------------------------|
| C. Cyanocobalamine | 3. Conjunctivitis |
| D. Pyridoxine | 4. Sterility/infertility |

Match the two columns, and choose the correct option from those given. Code: (A), (B), (C), and (D)

- a) 4 3 2 1
- b) 3 4 1 2
- c) 1 2 3 4
- d) 3 4 2 1

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Q13. Tuberculosis is caused by

- a) Protozoan
- b) Virus
- c) Bacterium
- d) Malnutrition

Q14. The people who eat cooked food with adulterated mustard oil can cause dangerous disease (Dropsy). Which one of the following reason may not be correct (As happened in India)?

- a) Concentration of rice husk in oil
- b) Adulteration in arsimon oil
- c) Parts of cyanide in mustard oil
- d) Mixing of white colour

Q15. The hormone insulin which is used in treating diabetes was discovered by

- a) Brown

- b) F.G. Banting
- c) Schleiden and Schwann
- d) Hooke

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Answers to the above questions :

Q1. Answer: (d)

Q2. Answer: (a)

Q3. Answer: (d)

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Q4. Answer: (b)

Rauwolfia serpentina belong to family Apocynaceae, its roots yield a chemical useful for high blood pressure.

Q5. Answer: (b)

The cornea does not have a blood supply, therefore the antigens of our blood cannot recognize self from non-self and therefore no antibodies are generated against the foreign cornea.

Thus, no rejection reaction takes place.

Q6. Answer: (d)

Q7. Answer: (c)

Q8. Answer: (c)

Q9. Answer: (a)

Q10. Answer: (a)

Q11. Answer: (a)

Q12. Answer: (b)

Q13. Answer: (c)

Q14. Answer: (a)

Q15. Answer: (b)

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