

VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](https://careericons.com) Team

Q1. A colour blind person (man) get married to a normal woman whose parents were not colour blind. The possibility of being colour blind in their children is

- a) 100%
 - b) 25%
 - c) 50%
 - d) 0%
-

Q2. The element that maintains balance between acidity and alkalinity in our body is

- a) Potassium
 - b) Sodium
 - c) Phosphorus
 - d) Calcium
-

Q3. Which one of the following vitamins is helpful in keeping a dream in memory for a longer duration?

- a) Vitamin B₆
 - b) Vitamin D
 - c) Vitamin A
 - d) Vitamin C
-

Q4. In coronary artery, by-pass surgery the blood vessel to be used as graft has to be

- a) Artery from mammary region of chest
- b) Vien from the leg
- c) Artery from the forearm
- d) Any of the above

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Q5. Which among the following is the richest source of alpha-linolenic acid (18-carbon omega-3 fatty acid)?

- a) Mung bean
- b) Oats
- c) Moth bean
- d) Flaxseed

Q6. Vitamin 'C' helps in absorption of which of following elements?

- a) Iodine
- b) Calcium
- c) Iron
- d) Sodium

Q7. Which of the following diseases of milching animals are infectious?

- Foot and mouth disease
- Anthrax
- Black Quarter
- Cowpox

Select the correct answer using the code given below.

- a) 1 and 4
- b) 1, 2 and 3

c) 2, 3 and 4

d) 1, 2, 3 and 4

Q8. Assertion (A):

Unsaturated fats are more reactive compared with the saturated fats.

Reason (R):

Unsaturated fats have only single bonds in their structure.

a) (A) is true, but (R) is false

b) Both (A) and (R) are true, but (R) is not the correct explanation of (A)

c) Both (A) and (R) are true and (R) is the correct explanation of (A)

d) (A) is false, but (R) is true

Q9. Match List-I with List-II and select the correct answer using the code given below the lists.

List-I (Disease)	List-II (Causes)
A. Khaira	1. Vitamin C deficiency
B. Anaemia	2. Iodine deficiency
C. Goitre	3. Iron deficiency
D. Scurvy	4. Zinc deficiency

Match the two columns, and choose the correct option from those given. Code: (A), (B), (C), and (D)

a) 3 4 1 2

b) 1 2 3 4

c) 2 1 4 3

d) 4 3 2 1

Q10. Which of the following vitamin's deficiency causes disease of slow blood coagulation?

a) Vitamin E

- b) Vitamin D
- c) Vitamin C
- d) Vitamin K

Q11. Which of the following is not caused by deficiency of mineral nutrition?

- a) Etiolation
- b) Necrosis
- c) Chlorosis
- d) Shortening of internodes

Q12. Match List-I with List-II and select the correct answer using the code given below the lists.

List-I	List-II
A. By Air	1. Tetanus
B. By Water	2. T.B.
C. By Contact	3. Cholera
D. By Wound	4. Syphilis

Match the two columns, and choose the correct option from those given. Code: (A), (B), (C), and (D)

- a) 3 4 1 2
- b) 1 2 3 4
- c) 2 3 4 1
- d) 4 1 2 3

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Q13. Living organisms require at least 27 elements of which, 15 are metals. Among these, those required in major quantities, include

- a) Potassium, sodium, magnesium and calcium
 - b) Potassium, molybdenum, copper and calcium
 - c) Potassium, manganese, molybdenum and calcium
 - d) Sodium, magnesium, copper and manganese
-

Q14. Which disease is not so contagious?

- a) T.B.
 - b) Measles
 - c) Cholera
 - d) Jaundice
-

Q15. A bacteriophage is a

- a) Bacterium infecting virus
 - b) Bacterium with a tail
 - c) Newly formed bacterium
 - d) Virus infecting bacterium
-

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Answers to the above questions :

Q1. Answer: (c)

Q2. Answer: (c)

Q3. Answer: (a)

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MEASURING DEVICES AND SCALES

MECHANICS (MASS, FORCE, ACCELERATION, WORK, ENERGY, MOMENTUM, VELOCITY)

FORCE OF GRAVITY, SOLIDS AND FLUIDS

MOTION UNDER GRAVITY

PHYSICAL PROPERTIES OF MATERIALS

LIGHT, HEAT, THERMODYNAMICS, WAVE MOTION, SOUND, OPTICS & OSCILLATIONS

ELECTRIC CURRENT AND MAGNETISM

NUCLEAR PHYSICS AND CONDUCTIVITY

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GENERAL CONCEPTS OF CHEMISTRY

NATURE OF MATTER AND COMPOSITION

ATOMIC STRUCTURE MOLECULES AND NUCLEAR CHEMISTRY

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METALS, NON METALS, MINERALS, ORES, PROPERTIES, USES

ALLOYS, CARBON & ITS VARIOUS FORMS, HYDROGEN & COMPOUNDS, SULPHUR, NITROGEN, HALOGEN & INERT GASES

ACIDS, BASES, SALTS AND METALS

HYDROCARBON, ALCOHOL, POLYMER, ORGANIC ACID AND EXPLOSIVE SUBSTANCE

FUEL, FOOD PRESERVATION, NUTRITION, MEDICINE, DETERGENTS AND FERTILIZERS

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GENETIC ENGINEERING AND BIO TECHNOLOGY

Q4. Answer: (d)

Q5. Answer: (d)

Q6. Answer: (c)

Q7. Answer: (d)

Q8. Answer: (a)

Q9. Answer: (d)

Q10. Answer: (d)

Q11. Answer: (a)

Q12. Answer: (c)

Q13. Answer: (a)

Q14. Answer: (d)

Q15. Answer: (d)

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