

VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](#) Team

Q1. Cow milk is yellowish white in colour due to the presence of

- a) Carotene together with casein
 - b) Lactose
 - c) Casein
 - d) Butyric acid together with lactose
-

Q2. Match List-I with List-II and select the correct answer using the code given below the lists.

List-I (Disease)	List-II (Organism)
A. Malaria	1. Fungi
B. Poliomyelitis	2. Bacteria
C. Tuberculosis	3. Virus
D. Ringworm	4. Protozoan

Match the two columns, and choose the correct option from those given. Code: (A), (B), (C), and (D)

- a) 3 4 1 2
 - b) 4 3 2 1
 - c) 4 3 1 2
 - d) 3 4 2 1
-

Q3. Which situation of the body is known as cancer?

- a) Uncontrolled multiplication of cells by which death of sound cells and finally death
- b) End of making new cells which gradually occurs death

- c) A collection of toxic chemicals in the body and finally death
 - d) Stop working of mind due to the wound in body and finally death
-

Q4. Consider the given statement and reason.

Assertion (A):

Smallpox is transmitted by a virus.

Reason (R):

The patient should rest on separate bed.

- a) Assertion is false. Reason is true.
- b) Assertion and reason, both are right and the reason is based on Assertion.
- c) Assertion is true. Reason is false.
- d) Assertion and reason both are false.

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Q5. Grains of basmati rice get elongated on being cooked because of higher content of

- a) Sugar
 - b) Amylose
 - c) Lysine
 - d) Oil
-

Q6. Which of the following is an air-borne disease?

- a) Jaundice
 - b) Tuberculosis
 - c) Cholera
 - d) Brain fever
-

Q7. Which one of the following is not a natural source of Vitamin A?

- a) Carrot
 - b) Papaya
 - c) Mango
 - d) Milk
-

Q8. AIDS is the short form of which of the following diseases?

- a) Acquired Immune Deficiency Syndrome
 - b) Acquired Immune Deformity Syndrome
 - c) Anticipated Immune Deficiency Syndrome
 - d) Abnormal Immune Deficiency Syndrome
-

Q9. Which of the following is a waterborne disease?

- a) Cholera
 - b) Smallpox
 - c) Malaria
 - d) Tuberculosis
-

Q10. Milk protein is digested by which of the following enzyme?

- a) Renin
 - b) Trypsin
 - c) Pepsin
 - d) Erepsin
-

Q11. The deficiency of Vitamin D causes the disease

- a) Osteoporosis
- b) Beri-beri

- c) Rickets
 - d) Both (A) and (C)
-

Q12. People drinking water from a shallow handpump, are likely to suffer from all of the following diseases except

- a) Jaundice
- b) Cholera
- c) Typhoid
- d) Fluorosis

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Q13. Which is the main vitamin found in Papaya?

- a) Vitamin 'B'
- b) Vitamin 'C'
- c) Vitamin 'A'
- d) Vitamin 'K'

Q14. Consider the following statements. AIDS is transmitted

- By sexual intercourse
- By blood transfusion
- By mosquitoes and other blood sucking insects
- Across the placenta

- a) 1, 3 and 4 are correct
 - b) 1, 2 and 3 are correct
 - c) 1, 2 and 4 are correct
 - d) 1 and 3 are correct
-

Q15. Oncogenes are associated with

- a) Cancer
- b) Tuberculosis
- c) Hepatitis
- d) Typhoid

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Answers to the above questions :

Q1. Answer: (a)

Q2. Answer: (b)

Q3. Answer: (a)

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Q4. Answer: (b)

Q5. Answer: (b)

Q6. Answer: (b)

Q7. Answer: (d)

Q8. Answer: (a)

Q9. Answer: (a)

Q10. Answer: (a)

Q11. Answer: (d)

Q12. Answer: (d)

Q13. Answer: (b)

Q14. Answer: (c)

Q15. Answer: (a)

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