

# VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](#) Team

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**Q1.** The triple antigen is given to a child to prevent

- a) Smallpox, Whooping cough, Tetanus
  - b) Polio, Smallpox, Diphtheria
  - c) Diphtheria, Whooping cough, Tetanus
  - d) Polio, Tetanus, Whooping cough
- 

**Q2.** Cyanocobalamin is

- a) Vitamin B<sub>6</sub>
  - b) Vitamin B<sub>2</sub>
  - c) Vitamin C
  - d) Vitamin B<sub>12</sub>
- 

**Q3.** Consider the following pairs. Vitamin Deficiency disease

- Vitamin C – Scurvy
- Vitamin D – Rickets
- Vitamin E - Night blindness

Which of the pairs given above is/ are correctly matched?

- a) 1, 2 and 3
  - b) Only 3
  - c) Only 1 and 2
  - d) None of these
- 

**Q4.** Pyrilla is pest of which crop?

- a) Sugarcane
- b) Wheat
- c) Rice
- d) Soyabean

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**Q5.** What is the average fat content of buffalo milk?

- a) 9.0%
- b) 4.5%
- c) 7.2%
- d) 10.0%

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**Q6.** The Golden Rice contains b-carotene gene which comes from

- a) Beetroot
- b) Daffodil
- c) Carrot
- d) Papaya

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**Q7.** The Minamata disease of Japan in 1953 was caused by eating fish contaminated by

- a) Mercury
  - b) Nickel
  - c) Lead
  - d) Cadmium
-

**Q8.** For which one of the following DPT vaccines is not used?

- a) Whooping Cough
  - b) Diphtheria
  - c) Polio
  - d) Tetanus
- 

**Q9.** Which of the following is not a communicable disease ?

- a) AIDS
  - b) Malaria
  - c) Typhoid
  - d) Goitre
- 

**Q10.** The source of Vitamin 'D' is

- a) Orange
  - b) Sun rays
  - c) Lemon
  - d) Cashewnut
- 

**Q11.** BMD test is held for diagnosis of

- a) Osteoporosis
  - b) Dengue
  - c) Malaria
  - d) AIDS
- 

**Q12.** Thalassemia is a hereditary disease which affects

- a) Heart
- b) Blood

- c) Lungs
- d) None of these

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**Q13.** The term “antibiotic” was coined by

- a) Louis Pasteur
- b) Alexander Fleming
- c) Edward Jenner
- d) Selman Waksman

**Q14.** Starch is a

- a) Polysaccharide
- b) Disaccharide
- c) Monosaccharide
- d) None of the above

**Q15.** Regular intake of fresh fruits and vegetables is recommended in the diet since they are a good source of antioxidants. How do antioxidants help a person maintain health and promote longevity?

- a) They neutralize the free radicals produced in the body during metabolism
- b) They prevent excessive oxidation of carbohydrates, fats and proteins in the body and help avoid unnecessary wastage of energy
- c) They activate the enzymes necessary for vitamin synthesis in the body and help prevent vitamin deficiency
- d) They activate certain genes in the cells of the body and help delay the aging process

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## Answers to the above questions :

Q1. Answer: (c)

Q2. Answer: (d)

Q3. Answer: (c)

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**Q4. Answer: (a)**

**Q5. Answer: (c)**

**Q6. Answer: (b)**

**Q7. Answer: (a)**

**Q8. Answer: (c)**

**Q9. Answer: (d)**

Goitre is caused due to deficiency of Iodine.

**Q10. Answer: (b)**

**Q11. Answer: (a)**

**Q12. Answer: (b)**

**Q13. Answer: (d)**

**Q14. Answer: (a)**

**Q15. Answer: (a)**

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