

# VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

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**Q1.** Which of the following is found in the composition of vitamin D?

- a) Ascorbic acid
  - b) Folic acid
  - c) Retinol
  - d) Calciferol
- 

**Q2.** Match List-I with List-II :

List-I	List-II
A. Atropine	1. Local anaesthesia
B. Ether	2. Heart trouble
C. Nitroglycerine	3. Dilation of pupil
D. Pyrethrin	4. Mosquito control

Select the correct answer from the codes given below the lists: (A) (B) (C) (D)

- a) A – 3; B – 1; C – 4; D – 2
  - b) A – 1; B – 3; C – 2; D – 4
  - c) A – 1; B – 3; C – 4; D – 2
  - d) A – 3; B – 1; C – 2; D – 4
- 

**Q3.** Banana accepted as most calories fruit has what amount of calories per 100 gm.

- a) 216 kcal
- b) 316 kcal

c) 416 kcal

d) 116 kcal

**Q4.** Match List-I with List-II :

List-I (Molecules)	List-II (Elements present)
A. Vitamin $B_{12}$	1. Magnesium
B. Haemoglobin	2. Cobalt
C. Chlorophyll	3. Copper
D. Brass	4. Iron

Select the correct answer from the codes given below the lists: (A) (B) (C) (D)

a) 4 1 2 3

b) 2 1 3 4

c) 2 4 1 3

d) 3 4 2 1

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**Q5.** Phenylketonuria is an innate error in metabolism, which reference about

a) Lack (genetic) of enzymes

b) Over production of hormones

c) Research of endocrine glands

d) Composition

**Q6.** Which one of the following pairs is correctly matched?

a) Vitamin  $B_6$  - Niacin

b) Vitamin  $B_2$  - Riboflavin

c) Vitamin B<sub>1</sub> - Retinol

d) Vitamin C – Calciferol

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**Q7.** Which among the following disease is caused by a protozoan?

a) Whooping cough

b) Meningitis

c) Giardiasis

d) Hay fever

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**Q8.** Consider the following statements. AIDS -is transmitted

- By sexual intercourse
- By blood transfusion
- By mosquitoes and other blood sucking insects
- Across the placenta

a) 1, 3 and 4 are correct

b) 1, 2 and 3 are correct

c) 1, 2 and 4 are correct

d) 1 and 3 are correct

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**Q9.** Which element deficiency causes chlorosis in maize plant?

a) Copper

b) Nitrogen

c) Zinc

d) Manganese

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**Q10.** The substance which makes up about 80% of the living material in most organisms is

a) Carbohydrates

b) Fats

- c) Protein
  - d) Minerals
- 

**Q11.** Which one of the following contains more Vitamin A content?

- a) Cauliflower
  - b) Carrot
  - c) Cabbage
  - d) Spinach
- 

**Q12.** Brain diseases are diagnosed by

- a) E.M.G.
- b) E.E.G.
- c) E.E.C.
- d) E.K.G.

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**Q13.** Match List-I with List-II :

List-I	List-II
A. Vitamin C	1. Night blindness
B. Folic acid	2. Beri-beri
C. Vitamin A	3. Anaemia
D. Vitamin \$B_1\$	4. Scurvy

Select the correct answer from the codes given below the lists: (A) (B) (C) (D)

- a) 4 3 2 1
- b) 2 3 1 4

c) 4 3 1 2

d) 1 2 4 3

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**Q14.** The pupils of human eye are dilated with a very dilute solution of an alkaloid which is

a) Atropine

b) Ephedrine

c) Equanil

d) Adrenaline

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**Q15.** Which one of the following is not caused by infected mosquito bite?

a) Malaria

b) Plague

c) Yellow fever

d) Dengue

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**Answers to the above questions :**

**Q1. Answer: (d)**

**Q2. Answer: (c)**

**Q3. Answer: (d)**

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**Q4. Answer: (c)**

**Q5. Answer: (a)**

**Q6. Answer: (b)**

**Q7. Answer: (c)**

Giardiasis popularly known as Beaver Fever is a parasitic disease caused by the flagellate protozoan *Giardia lamblia* (also sometimes called *Giardia intestinalis* and *Giardia duodenalis*).

**Q8. Answer: (c)**

**Q9. Answer: (c)**

**Q10. Answer: (c)**

**Q11. Answer: (b)**

**Q12. Answer: (b)**

**Q13. Answer: (c)**

**Q14. Answer: (a)**

**Q15. Answer: (b)**

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