

# VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](#) Team

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**Q1.** Which one of the following groups of compounds is called 'accessory dietary factor'?

- a) Proteins
  - b) Hormones
  - c) Fats
  - d) Vitamins
- 

**Q2.** Which one of the following is an antibiotic drug?

- a) Chloramphenicol
  - b) Quinine
  - c) Sulphaguanidine
  - d) None of the above
- 

**Q3.** Which of the following diseases can be transmitted from one person to another through tattooing?

- Chikungunya
- Hepatitis B
- HIV-AIDS

Select the correct answer using the codes given below.

- a) 1 and 3
  - b) Only 1
  - c) 2 and 3
  - d) All of these
-

**Q4.** Match List-I with List-II :

List-I (Disease)	List-II (Cause)
A. Rickets	1. Vitamin D
B. Beri-beri	2. Vitamin \$B_1\$
C. Nyctalopia	3. Vitamin A
D. Scurvy	4. Vitamin C

Select the correct answer from the codes given below the lists: (A) (B) (C) (D)

a) 3 2 1 4

b) 4 2 3 1

c) 1 2 3 4

d) 2 3 4 1

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**Q5.** Which of the following vitamin is considered as hormone?

a) C

b) B

c) A

d) D

**Q6.** A certain patient is suspected to be suffering from Acquired Immuno Deficiency Syndrome. Which diagnostic technique will you recommend for its detection?

a) Ultra sound

b) MRI

c) ELISA

d) Widal test

**Q7.** “It begins as a single cell and grows into a merciless disease that claims millions of lives year after year. But scientists are steadily unlocking its mysteries and the fight against it, may now have reached a dramatic turning point. New discoveries promise better therapies and hope in the war against ....”. The disease referred to in the above quotation is

- a) Tuberculosis
  - b) Cancer
  - c) AIDS
  - d) Alzheimer’s disease
- 

**Q8.** ‘Athlete’s Foot’ is a disease caused by

- a) Protozoan
  - b) Bacteria
  - c) Fungus
  - d) Nematode
- 

**Q9.** Which among the following vaccines is used for preventing viral infections?

- Polio vaccine
- MMR
- DPT
- BCG

Choose the correct option :

- a) 1, 2, 3
  - b) All of these
  - c) 1 and 2
  - d) 1 only
- 

**Q10.** The pathogen responsible for the common cold is

- a) Leukaemia virus
- b) Orthomixovirus

- c) Rhizovirus
  - d) Poliovirus
- 

**Q11.** Which statement is true regarding malaria?

- a) It spreads mostly in swampy region
  - b) It is a disease caused by insects parasite
  - c) It is spread by the mosquitoes
  - d) For its treatment chloroquine is used
- 

**Q12.** Which one of the following vitamins and deficiency diseases is wrongly matched?

- a) Cobalamin - Pernicious anaemia
- b) Niacin - Pellagra
- c) Calciferol - Osteomalacia
- d) Riboflavin - Beri-beri

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**Q13.** Which one is not micronutrient?

- a) Sulphur
  - b) Zinc
  - c) Iron
  - d) Manganese
- 

**Q14.** Beta-blocker is a medicine to save from

- a) Chronic diabetes

- b) Heart attack
- c) Enlargement of prostate gland
- d) None of the above

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**Q15.** Which one of the following statements regarding starch and cellulose is not correct?

- a) Both of them give colour with iodine
- b) Both of them are polymers
- c) Both of them are of plant origin
- d) Both of them are made up of glucose molecules

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**Answers to the above questions :**

**Q1. Answer: (d)**

**Q2. Answer: (d)**

**Q3. Answer: (c)**

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**Q4. Answer: (c)**

**Q5. Answer: (d)**

**Q6. Answer: (c)**

ELISA is an fundamental tool of clinical immunology and is used as an initial screen for HIV detection.

**Q7. Answer: (b)**

**Q8. Answer: (c)**

**Q9. Answer: (c)**

The MMR vaccine is an immunization vaccine against measles, mumps, and rubella (also called German measles). It is a mixture of live attenuated viruses of the three diseases, administered via injection.

The Polio vaccine also contains attenuated viral particles. DPT is a class of combination of vaccines against three infectious diseases namely, Diphtheria, pertussis (whooping cough), and Tetanus. Bacillus Calmette– Guérin is a vaccine against tuberculosis.

**Q10. Answer: (c)**

**Q11. Answer: (b)**

**Q12. Answer: (d)**

**Q13. Answer: (a)**

**Q14. Answer: (b)**

**Q15. Answer: (a)**

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