# VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

# For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

# Created By Careericons Team

**Q1.** Which one of the following groups of compounds is called 'accessory dietary factor'?

- a) Proteins
- b) Hormones
- c) Fats
- d) Vitamins
- Q2. Which one of the following is an antibiotic drug?
- a) Chloramphenicol
- b) Quinine
- c) Sulphaguanidine
- d) None of the above

**Q3.** Which of the following diseases can be transmitted from one person to another through tattooing?

- Chikungunya
- Hepatitis B
- HIV-AIDS

Select the correct answer using the codes given below. a) 1 and 3

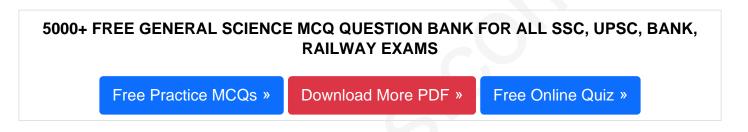
- b) Only 1
- c) 2 and 3
- d) All of these

Q4. Match List-I with List-II :

List-I (Disease)	List-II (Cause)
A. Rickets	1. Vitamin D
B. Beri-beri	2. Vitamin \$B_1\$
C. Nyctalopia	3. Vitamin A
D. Scurvy	4. Vitamin C

Select the correct answer from the codes given below the lists: (A) (B) (C) (D) a) 3 2 1 4

- b) 4 2 3 1
- c) 1 2 3 4
- d) 2 3 4 1



- Q5. Which of the following vitamin is considered as hormone?
- a) C
- b) B
- c) A
- d) D

**Q6.** A certain patient is suspected to be suffering from Acquired Immuno Deficiency Syndrome. Which diagnostic technique will you recommend for its detection?

- a) Ultra sound
- b) MRI
- c) ELISA
- d) Widal test

**Q7.** "It begins as a single cell and grows into a merciless disease that claims millions of lives year after year. But scientists are steadily unlocking its mysteries and the fight against it, may now have reached a dramatic turning point. New discoveries promise better therapies and hope in the war against ....". The disease referred to in the above quotation is

- a) Tuberculosis
- b) Cancer
- c) AIDS
- d) Alzheimer's disease

### Q8. 'Athlete's Foot' is a disease caused by

- a) Protozoan
- b) Bacteria
- c) Fungus
- d) Nematode

Q9. Which among the following vaccines is used for preventing viral infections?

- Polio vaccine
- MMR
- DPT
- BCG

Choose the correct option :

- a) 1, 2, 3
- b) All of these
- c) 1 and 2
- d) 1 only

# Q10. The pathogen responsible for the common cold is

- a) Leukaemia virus
- b) Orthomixo virus

- c) Rhizovirus
- d) Poliovirus

Q11. Which statement is true regarding malaria?

- a) It spreads mostly in swampy region
- b) It is a disease caused by insects parasite
- c) It is spread by the mosquitoes
- d) For its treatment chloroquine is used

**Q12.** Which one of the following vitamins and deficiency diseases is wrongly matched?

- a) Cobalamin Pernicious anaemia
- b) Niacin Pellagra
- c) Calciferol Osteomalacia
- d) Riboflavin Beri-beri



- Q13. Which one is not micronutrient?
- a) Sulphur
- b) Zinc
- c) Iron
- d) Manganese

## Q14. Beta-blocker is a medicine to save from

a) Chronic diabetes

- b) Heart attack
- c) Enlargement of prostate gland
- d) None of the above

**Q15.** Which one of the following statements regarding starch and cellulose is not correct?

- a) Both of them give colour with iodine
- b) Both of them are polymers
- c) Both of them are of plant origin
- d) Both of them are made up of glucose molecules

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#### Answers to the above questions :

Q1. Answer: (d)

Q2. Answer: (d)

Q3. Answer: (c)

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Q4. Answer: (c)

#### Q5. Answer: (d)

#### Q6. Answer: (c)

ELISA is an fundamental tool of clinical immunology and is used as an initial screen for HIV detection.

Q7. Answer: (b)

Q8. Answer: (c)

#### Q9. Answer: (c)

The MMR vaccine is an immunization vaccine against measles, mumps, and rubella (also called German measles). It is a mixture of live attenuated viruses of the three diseases, administered via injection.

The Polio vaccine also contains attenuated viral particles. DPT is a class of combination of vaccines against three infectious diseases namely, Diphtheria, pertussis (whooping cough), and Tetanus. Bacillus Calmette– Guérin is a vaccine against tuberculosis.

Q10. Answer: (c)

Q11. Answer: (b)

Q12. Answer: (d)

Q13. Answer: (a)

Q14. Answer: (b)

Q15. Answer: (a)

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