

VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

For All Competitive SSC, Bank, IBPS, UPSC, Railway, IT & Other Govt. Exams

Created By [Careericons](#) Team

Q1. Which one of the following food materials does not contain all essential amino acids?

- a) Egg
 - b) Milk
 - c) Rice
 - d) Soyabean
-

Q2. Haemophilia is

- a) Caused by pollutants
 - b) Caused by bacteria
 - c) Caused by virus
 - d) A hereditary defect
-

Q3. Assertion (A):

If somebody stops taking green vegetables he will suffer from night blindness.

Reason (R):

He will suffer from vitamin A deficiency.

Select the correct answer from the codes given below.

Code

- a) (A) is true, but (R) is false
 - b) Both (A) and (R) are true, but (R) is not the correct explanation of (A)
 - c) Both (A) and (R) are true and (R) is the correct explanation of (A)
 - d) (A) is false, but (R) is true
-

Q4. Hepatitis-B is caused by which micro-organism?

- a) Bacteria
- b) Virus
- c) Protozoa
- d) None of these

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Q5. How many calories are gained by drinking a glass of water?

- a) 25
- b) 15
- c) Zero
- d) 50

Q6. Which of the following diseases is caused by Protozoa ?

- a) Filariasis
- b) Measles
- c) Chicken pox
- d) Sleeping sickness

Q7. Among the following which fruit is rich source of iron?

- a) Loquat
- b) Karonda
- c) Jambo
- d) Guava

Q8. The site of photosynthesis in plants is

- a) leucoplasts
 - b) mitochondria
 - c) chloroplasts
 - d) dictyosomes
-

Q9. Which one of the following biotransformation provides maximum energy to the human body?

- a) ADP ? ATP
 - b) ATP ? ADP
 - c) ADP ? AMP
 - d) AMP ? ADP
-

Q10. Hydrophobia is caused by

- a) Virus
 - b) Bacteria
 - c) Fungus
 - d) Protozoan
-

Q11. H_5N_1 virus causing global pandemic influenza is

- a) Horse flu
 - b) Goat flu
 - c) Bird flu
 - d) Cow flu
-

Q12. Tooth decay is mostly caused by interaction in the mouth between bacteria and food particles of

- a) Fats

- b) Proteins
- c) Carbohydrates
- d) Salads

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Q13. Expand ELISA

- a) Enzyme Linked Inductive Assay
- b) Enzyme Linked Ion Sorbent Assay
- c) Enzyme Linked Immuno - Sorbent Assay
- d) None of the above

Q14. Haemophilia is a hereditary disease which affects as

- a) Lack in WBC
- b) Lack of Hb
- c) Rheumatoid leant disease
- d) Absence of blood clotting

Q15. One of the following is the correct match for diseases and causative agents

- a) Syphylis-Troponema pallidum
- b) Malaria-Trypanosoma
- c) AIDS-Bacillus
- d) Gonorrhoea-Virus

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Answers to the above questions :

Q1. Answer: (c)

Q2. Answer: (d)

Q3. Answer: (d)

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Q4. Answer: (b)

Q5. Answer: (c)

Q6. Answer: (d)

Sleeping sickness is caused by Trypanosoma.

Q7. Answer: (b)

Q8. Answer: (c)

Q9. Answer: (b)

Q10. Answer: (a)

Q11. Answer: (c)

Q12. Answer: (c)

Q13. Answer: (c)

Q14. Answer: (d)

Q15. Answer: (a)

Syphilis is an STD {Sexually Transmitted Disease} caused by the virus Troponema palladium characterised by rashes and irritation around the infected area.

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