

VITAMINS, NUTRITION, HEALTH, DISEASE AND TREATMENT BASED GENERAL SCIENCE MCQ PRACTICE QUESTIONS AND ANSWERS PDF WITH EXPLANATION

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Q1. The tissues are formed in body by

- a) Protein
 - b) Carbohydrate
 - c) Fat
 - d) Vitamins
-

Q2. Thiamine is

- a) Vitamin \$B_6\$
 - b) Vitamin \$B_2\$
 - c) Vitamin C
 - d) Vitamin \$B_1\$
-

Q3. 'Ranikhet disease' is related to

- a) Goats
 - b) Chicken
 - c) Cow
 - d) Horse
-

Q4. Which one of the following proteins is present in human hair and nails?

- a) Vasopressin
- b) Keratin
- c) Oxytocin

d) Trypsin

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Q5. Measles disease is transmitted by

- a) Bacteria
- b) Virus
- c) Fungus
- d) Mycoplasma

Q6. Besides proteins and carbohydrates, other elements of nutritional value found in milk, include

- a) potassium and iron
- b) calcium and potassium
- c) calcium, potassium and iron
- d) calcium and iron

Q7. Which of the following vitamins does not get stored in the body?

- a) Vitamin D
- b) Vitamin C
- c) Vitamin A
- d) Vitamin E

Q8. Ergotism is due to consumption of

- a) Contaminated water
- b) Contaminated grains

- c) Rotting vegetables
 - d) Safe cooked food
-

Q9. 'Cerebral palsy' is a brain disorder found generally in

- a) Small children
 - b) Old people
 - c) Drug addicts
 - d) Only ladies
-

Q10. One out of every 200 babies born in India, dies of diarrhoea caused by

- a) Amoeba
 - b) Bacteria
 - c) Rotavirus
 - d) Fungus
-

Q11. Which organ of the body is affected most on keeping fast for a long time?

- a) Lung
 - b) Heart
 - c) Intestine
 - d) Kidney
-

Q12. Hair is composed of protein called

- a) Keratin
- b) Mucin
- c) Globulin
- d) Casein

Q13. Which one of the following is not a genetic disease?

- a) Haemophilia
- b) Night blindness
- c) Albinism
- d) Colour blindness

Q14. Assertion (A):

Vitamins are invigorating elements, whose small amount is required for good health.

Reason (R):

Vitamins helps to keep the body healthy by killing harmful bacteria.

- a) (A) is true, but (R) is false
- b) Both (A) and (R) are true, but (R) is not the correct explanation of (A)
- c) Both (A) and (R) are true and (R) is the correct explanation of (A)
- d) (A) is false, but (R) is true

Q15. Every year 5 lacs of Indians die of a disease. Identify it

- a) Cancer
- b) Encephalitis
- c) AIDS
- d) Tuberculosis

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Answers to the above questions :

Q1. Answer: (a)

Q2. Answer: (d)

Q3. Answer: (b)

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Q4. Answer: (b)

Q5. Answer: (b)

Q6. Answer: (b)

Q7. Answer: (b)

Q8. Answer: (b)

Q9. Answer: (a)

Q10. Answer: (c)

Q11. Answer: (d)

Q12. Answer: (a)

Q13. Answer: (b)

Q14. Answer: (a)

Q15. Answer: (d)

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